

Trinidad State Volleyball Camp 2010

June 28-30th 8:30-4:30

Location: Scott gymnasium at Trinidad State Junior College

Ages: Those entering 8th grade-12th grades

Camp Director: Ellen McGill

Camp director Ellen Johnson-McGill returns for second season with the Trojan Volleyball Program. This will be her first summer directing camps here at Trinidad State. However, Coach McGill has been involved with coach summer camps for the past 6 six years at the University of North Carolina, Western Carolina University, the University of Tennessee, and the University of Virginia.

Her expertise in the game of volleyball comes from varied experiences as a collegiate coach and former player. Coach McGill came to Trinidad State from Western Carolina University where she was an assistant coach. During her two years with the WCU Catamounts she learned what it takes to run a Division I volleyball program.

Prior to her time with Western Carolina, McGill played for Virginia Intermont College where she was the team captain for four years. She still holds the school record for career blocks, blocks in a season, and blocks in a game. She led the team to the regional tournament her senior year where they finished second. While at VIC she was named Academic All-America and Academic All-Conference.

Individual Skills Volleyball Camp: (\$60.00) the number one goal of this year's camp is to reinforce skills basic fundamentals to all campers and help them take their game and attitude to another level. This begins with the correct mental approach toward desire, discipline and work ethic. The next step involves learning, repeating and executing the fundamentals required for each phase of the game. This process ends only when a player develops the ability to transfer these fundamentals into the game situation, using each at the appropriate time without much thought.

This camp focuses on the development of skills in all aspects for the game for campers' grades 8-12. Campers will be divided by skill and placed in groups where they will improve and be challenged. Serving, passing, setting, attacking, blocking, and transition will be taught throughout the camp. Campers will be given the resources they need to take their game to the next level.

Enrollment: This camp is for serious player. We will try to ensure a 1 to 6 coach to camper ratio so each camper will get plenty of individual attention throughout the week.

Please make checks payable to Trinidad State Volleyball

Send to:

C/O Ellen McGill

Women's Volleyball Coach

Trinidad State Junior College

600 Prospect St.

Trinidad, CO 81082

Cost: \$60.00 You will receive a camp T-shirt, some of the best instruction in Southern Colorado, at least 3 games to work on skills in game situations, a chance to win camp awards, 3 lunches provided by the TSJC cafeteria, and hopefully more confidence in your volleyball skills as you enter your next season.

Registration Procedure: Full payment or a \$30.00 non-refundable deposit may be made prior to the first day; this will ensure a spot in the camp. The balance of \$30.00 can be paid at camp registration which will take place from 7:00 am until 8:30 am in Scott Gymnasium on Monday the 28th. Walk-in campers with full payment will be accepted. Call camp director, Ellen McGill at (719) 846-5496 for more information.

Site Camps: The Trinidad State Volleyball Camp Staff will also offer Site Camps. If your school is interested in having the Trinidad State Staff come to your school to do a camp, please contact Ellen McGill at 719-846-5496 or ellen.johnson@trinidadstate.edu. Rates may vary depending on distance and number of campers.

(Clip along line)

Registration form / waiver signature T-Shirt Size _____

Name _____ Age _____ Birth Date _____ Grade next year _____

Address _____ City _____ State _____ Zip _____

Parent or Guardian _____ Home Phone _____ Work _____

Amount of payment _____ Date Paid _____ Balance owed _____

Camper's Signature _____ Parent or Guardian _____

I understand that accident or injury is always a possibility in volleyball and hereby agree to waive Trinidad State Junior College, the Camp director and staff, from liability or responsibility case of an injury and or accident involving the above named camper. I also understand the cost of insurance for a camp of this nature is much too expensive and will not be provided by Trinidad State or the camp director. If the above named camper is injured during camp we (his parents or guardian) will be responsible for payment for any medical attention needed.